OSU’s Employee Assistance Program (EAP) services are expanding! Effective April 2, 2013, ComPsych will provide expanded EAP services for OSU.

ComPsych can assist employees and their dependents with a variety of services, including assistance with locating child care, elder care, education, family law, budgeting, tax issues, and more! ComPsych Services are available 24 hours a day, seven days a week. Online access will also be available.

Attend an information session and learn about how ComPsych can assist employees and their dependents.

Tuesday, April 2, 2013
2:00 p.m. - 3:00 p.m. (Staff)
3:30 p.m. - 5:00 p.m. (Supervisors)
416 Student Union

Wednesday, April 3, 2013
8:30 a.m. - 9:30 a.m. (Staff)
10:00 a.m. - 11:30 a.m. (Supervisors)
126 ITLE

Reservations are required due to limited seating.

Call Employee Services, (405) 744-5449 or e-mail osu-es@okstate.edu.

Dr. Bill Gentry, the preferred provider for the Stillwater area, will continue to provide EAP services on the Stillwater campus.

Free Financial Education Seminar!

Mark Your Calendar!

Oklahoma State University and TIAA-CREF will be conducting a Financial Education Seminar.

SIGN UP TODAY!

In-person or online.

To sign up, visit www.osu.edu/osustaffresources

Members will receive an e-mail with more information.

Members through Friday, March 28, 2013.

Information will be e-mailed to you.

ONLINE SIGN UP:

To order an ACCU-CHEK meter, call 1-888-209-3750.

• CONTOUR NEXT EZ blood glucose monitor - $29.99
• ACCU-CHEK BREEZE 2 blood glucose monitoring system - $49.95
• ACCU-CHEK Nano SmartView System - $37.99

From March 25 to April 24, OSU and A&M employees will have the opportunity to participate in a Financial IQ Challenge, sponsored by TIAA-CREF.

Each time you play, you are entered for a chance to win one of three tablet computers. The more days you play, the better your chance of winning! If you miss a day of the Challenge, as long as the Challenge isn’t over, you can go back and complete any sessions you may have missed.

When you register for the Challenge, you will need to enter your name, OSU e-mail address, age, gender and campus location.

Your e-mail is only used for registration purposes and to contact you if you win. All other information is collected to help create and plan customized seminars and financial literacy programs. Your individual responses and personal information will not be shared.

Watch for more information from OSU Human Resources soon!

Glucose Meters are Available to You

BlueCross BlueShield offers certain blood glucose meters to members with diabetes at no additional charge. • ACCU-CHEK Nano SmartView System • ACCU-CHEK Aviva Plus System • CONTOUR NEXT EZ blood glucose monitoring system • BREEZE 2 blood glucose monitoring system To order an ACCU-CHEK meter, call 1-888-209-3750. To order a Bayer meter, call 1-877-229-3777.

This offer is available through December 31, 2013. Corresponding test strips are on the OSU Preferred Listing and the Diabetes Management Program/pharmacy discount program.

For more information about diabetes, go to www.bcbsok.com/osu, log in to Blue Access for Members, and click the “My Health” tab.
Your Opinion is Important

Once again, OSU is participating in the Chronicle Great Colleges to Work for 2013 survey. This initiative is designed to recognize outstanding employers while obtaining valuable feedback.

The Chronicle Great Colleges to Work for 2013 survey will be e-mailed to a random sample of OSU faculty and administrative/professional staff on March 18.

The survey is processed by a third-party agency, and your responses remain confidential.

Your participation is important for the validity and success of the program, and will provide valuable feedback for OSU. A high response rate helps ensure accurate results and demonstrates the commitment of our workforce. Whether or not OSU is recognized, we can learn from the feedback and make further improvements for our future.

This year marks the fourth year to participate in this survey. The results continue to develop each year with significant improvement in all categories from 2011 to 2012. OSU ranked higher than the 2012 Carnegie Research national average in all categories. Please help OSU with continued success and learn about improvement opportunities by participating in this survey if selected.

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Save the Date!
2013 Staff Celebration Day
May 16, 2013
Boone Pickens Stadium, SW Corner
Sponsored by OSU Staff Advisory Council

Flexible Spending Account - 2012 and 2013 Expenses

You have until March 31, 2013, to file a claim for funds you contributed in 2012; however, the expenses must be incurred no later than March 15, 2013. If you use your WageWorks debit card, the card will deplete 2012 contributions before using your 2013 contributions. Check the status of your WageWorks account at www.wageworks.com.

If you have charged expenses incurred in 2013 by use of your WageWorks debit card (and they were charged to your 2012 balance) and then have other expenses from 2012 for which you have not yet filed a claim, you may wish to file a paper claim and indicate the year in which you wish the claims to be filed. By using claims incurred in the runoff period of calendar year 2012 to satisfy your 2012 balance, you can maximize the amount available for 2013.

Questions? Contact WageWorks, 1-800-877-924-3967.

TIAA-CREF Visits

TIAA-CREF representatives will be on the Stillwater campus for financial planning and retirement advice to meet one-on-one with employees:

- March 19, 20, 21
- April 23, 24, 25

To make an appointment, schedule online at www.tiaa-cref.org/schedulenow or call TIAA-CREF at 1-800-732-8353.

Training Opportunities

March
13 Effective Meeting Management
13 Purchasing Card Training
13 Human Sciences Tour (Exclusive to ALP)
14 Introduction to InDesign CS6 (Class full)
14 From Traditionalis to Millennials: Educating Generations
15 Creating and Using Templates in Word 2010
19 Information Security Awareness
26&27 PowerPoint 2010 Level II (Day 1&2)
26 HR Bootcamp
27 Written Communication
29 Next Steps of InDesign CS6
29 Functions and Formulas in Excel 2010

For a description of classes or to register, go to http://hr.okstate.edu, or call Training Services, (405) 744-5374. Also, find us on Facebook, Twitter and LinkedIn.

Funeral Planning Help from ING Life Insurance

The death of a family member is one of life’s most stressful times. It requires grieving survivors to quickly make many decisions about funeral services.

Benefits-eligible employees have the opportunity to utilize a funeral planning and concierge service as part of the OSU/A&M life insurance plan. This enhancement offers employees an opportunity to discuss and obtain information from independent experts regarding the planning of a funeral for a family member. The first-of-its-kind service is provided by Everest Funeral Package.

With this service you will have access to funeral planning services with the help of a funeral concierge. You will be able to make arrangements years in advance or at a moment’s notice for end-of-life services. Everest’s funeral planners, who work out of 24/7 call centers, act as advocates for families. They will ask about funeral and burial wishes, and then help find those services at the best prices. The advisors will also negotiate prices and handle all the details if requested.

To access this benefit, go to the OSU Human Resources webpage, http://hr.okstate.edu. Click on Benefits then OSU Benefits then select the Life Insurance link under Optional Coverage. If you do not have internet access, or would like further information or assistance, contact an Everest Service Advisor at 1-877-456-5050.

While this service may not be of interest to all employees, we want you to be aware of this unique opportunity to visit with experts and use their pre-planning tools to research and document decisions for end-of-life wishes in advance. There is no cost for this service.

DON’T MISS A THING!

Follow OSU Human Resources on Twitter @okstatehr

Like Oklahoma State University Human Resources on Facebook

OSU Human Resources developed this information for the convenience of OSU employees. It is a brief interpretation of more detailed and complex materials. If further clarification is needed, the actual law, policy and contract should be consulted as the authoritative source. OSU continually monitors benefits, policy and procedures and reserves the right to change, modify, amend, or terminate benefit programs at any time.