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* All benefits-eligible employees at OSU-Stillwater, OSU-OKC, OSU-Tulsa, OSU Institute of Technology and OSU Center for Health Sciences will receive this email.



News You Can Use: February 2018

Bow Wow Film Festival



Staff Development Day, March 7, 2018

Staff Development Day is a day dedicated to celebrating the professional development of Oklahoma State University staff. Each year, speakers provide staff with a different opportunity to be inspired in their careers and time here at OSU, and also in their personal lives. Staff Development Day is also a time to recognize the hard work of OSU staff with the presentation of the Distinguished Service Awards. Sessions will be held at 10 a.m. and 1 p.m. on Wednesday, March 7, 2018. Read More

America Saves Week 2018

America Saves week is February 26 to March 3. It's a lot easier to spend than save. But getting into a saving mindset now could make a big difference later. Start with a plan that works for you and follow it. It might be easier than you think. Read More

TIAA's Live Financial Webinars

TIAA is introducing monthly webinars through its interactive site called the Virtual Environment: www.tiaa.org/ve. This innovative resource offers users 24/7 access to a wide range of articles, on-demand seminars, and live monthly seminars on a variety of essential financial topics. Read-More

Meet with a TIAA Representative on the Stillwater Campus

Need Financial Planning and Retirement Advice? TIAA representatives will be on the Stillwater campus for financial planning and retirement advice to meet one-on-one with employees. Read More

Free Webinar: Healthy Food Choices on the Go

Don't allow changes in your normal routine to cause you to fall off track with good nutrition. Whether you are a frequent traveler, packing meals to bring to work or spending more time in your car lately, "Healthy Food Choices on the Go" will help you identify opportunities to improve your food choices no matter what situation you find yourself in. Read More.

Relax at the OSU Reboot Center

The Reboot Center, located in 320W Student Union, offers scientifically validated technology to help users learn and practice relaxation skills. Read More

OSU Energy Management Program Moving to New Central Plant Building

During the month of February, it is expected that the OSU Energy Management Program will relocate to the new Central Plant building located along Washington Street just north of Hall of Fame Avenue. Read More.

Upcoming Training Opportunities

February 20 | Building a Better Bid February 21 & 22 | Word 2013 Level II February 22 | Lessons Learned from Leadership February 22 | Trust Works February 23 | OMNI Training

February 27 | The Indispensable Employee

February 27 | Supervisor Academy

February 28 | CEAT Building Leaders Initiative Series

February 28 & March 1 | Excel 2013 Level I

Go to Learning Management System >>>



OSU Human Resources developed this information for the convenience of OSU employees. It is a brief interpretation of more detailed and complex materials. If further clarification is needed, the actual law, policy and contract should be consulted as the authoritative source. OSU continually monitors benefits, policy and procedures and reserves the right to change, modify, amend, or terminate benefit programs at any time.





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