OSU Employee Return to On-Campus Work Checklist

PRIOR TO RETURNING

☐ Perform self-screenings daily before reporting to work to check for the following new or worsening symptoms of possible COVID-19. Below is a list of currently reported symptoms. Refer to the [CDC website](https://www.cdc.gov) or your healthcare provider for the most current information.

- Cough
- Shortness of breath or difficulty breathing
- Sore throat
- Muscle pain
- Chills
- New loss of taste or smell
- Feeling feverish or measured temperature greater than or equal to 100.4-degree Fahrenheit
- Known close contact with a person who is confirmed to have COVID-19
- Diarrhea, nausea, or vomiting

If experiencing any of the above, **DO NOT** report to work. Contact your healthcare provider for guidance and notify your supervisor of your need to be absent.

**NOTE:** If you have been fully vaccinated and have been around someone who has COVID-19, you do not need to quarantine or isolate unless you have symptoms. You are considered [fully vaccinated](https://www.cdc.gov): (2) two weeks after your second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or (2) two weeks after a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine.

WHILE AT WORK

☐ Rigorously practice hand hygiene, as well as cleanliness and sanitation.
☐ Practice proper coughing and sneezing etiquette.
☐ Maintain at least 6 feet from other individuals, when possible. If such distancing is not possible, utilize other measures such as face coverings for your own protection as well as the protection of others.
☐ Keep meetings to 10 people or less and ensure as much distance as possible. When possible, use Microsoft Teams or Zoom to maintain social distancing measures.
☐ Continuously self-screen for the symptoms listed above. If you begin to feel unwell or show symptoms, notify your supervisor, and leave work immediately. Limit contact with other individuals and contact your healthcare provider for further guidance.
☐ Maintain a clean and tidy office space through removal of unnecessary personal items and debris in order for counter spaces and other surfaces to be cleaned frequently.

OTHER EMPLOYEE RESPONSIBILITIES

☐ Monitor and follow guidance from sources such as Centers for Disease Control and Prevention, Occupational Safety and Health Administration, Oklahoma State Department of Health, and other federal, state, and local entities.
☐ Review [campus COVID Updates](https://www.example.com) and other central communications regularly.
☐ Communicate with your supervisor regularly and ask questions if clarity is needed. If you are uncomfortable with an action, discuss with your supervisor or [HR Consultant](https://www.example.com).

*OSU Human Resources*  
*May 2020*